

Are you a parent or professional in the area who is looking to find out more information about what The Sleep Charity do and how we can help with children's sleep issues?

We are now offering drop in sessions on:

Wednesday 7th April 1.30pm - 2.30pm

Friday 9th April 1.30pm - 2.30pm (aimed at professionals)

Monday 19th April 9.30am - 10.30am

Monday 17th May 3.30pm - 4.30pm

Wednesday 26th May 11.00am - 12.00pm

Friday 28th May 3.00pm - 4.00pm (aimed at schools)

Wednesday 2nd June 2.30pm - 3.30pm

To join, please use this link:

https://us02web.zoom.us/ j/4022628157?pwd=eFVpUmwz0 TU3d3FScVd2UWRMS2hzdz09

Meeting ID: 402 262 8157

Passcode: 2020

To find out more please contact Claire on support@thesleepcharity.org.uk

We look forward to seeing you there







@thesleepcharity